

Fredon Deli Menu

Open 7 Days

428 Route 94 Newton, NJ 07860 | 973.300.2411
www.kathysrestaurant.com | www.fredondeli.com

Tasty Sandwiches

MEAT & SALAD:

Your Choice of White, Wheat or Rye bread \$5.75

Or a Hard Roll \$6.00 or a Sub Roll \$6.75

Choose From: Roast Beef, Roast Turkey (All White Meat)

Virginia Ham, Hot Corned Beef, Hot Pastrami, Grilled Taylor Ham,

Boiled Ham with American or Swiss Cheese

B.L.T bacon, lettuce, & tomato

Tuna, Chicken, or Egg Salad

CHEESE:

Grilled Cheese (Any Kind) \$5.50

With Tomato \$5.50

With Ham, Bacon or Taylor Ham \$5.50

With Chicken or Tuna Salad \$6.75

50 cents for extra cheese

Club Sandwiches

Made with Bacon, Lettuce, Tomato, & Mayo

Your Choice: \$9.25

- Sliced Turkey
- Roast Beef
- Grilled Chicken
- Chicken or Tuna Salad
- Ham & Cheese

Specialty Sandwiches

Cheese Steak Sandwich	served with French Fries	7.75
Open Sliced Steak Sandwich	on toast with French Fries	10.25
Patty Melt	Hamburger Patty on Grilled Rye with Swiss & Fried Onions served with French Fries	7.75
Happy Waitress	Open Grilled Cheese with Bacon & Tomato served with French Fries	7.75
Fredon Special	Grilled Swiss with Corned Beef or Pastrami on Rye served with French Fries	7.75
Reuben	Grilled Swiss on Rye with Corned Beef, Sauerkraut, & Russian Dressing	8.25
Monte Cristo	Turkey, Ham & Swiss on French Toast	8.26
Grilled Chicken	on a roll with Lettuce & Tomato	7.25
Deluxe	served with French Fries	8.25

Sub Sandwiches

Made with Lettuce, Tomato, & Onion with Oil & Vinegar or Mayo
Your Choice : \$6.75

- Spiced Ham, Salami & Cheese
 - Ham, Salami & Cheese
 - Belly Buster
 - Ham & Cheese
- Ham, Capocollo, Salami, & Cheese
 - Turkey
 - Bologna & Cheese
 - Pepperoni & Cheese
 - Roast Beef
 - Roast Beef & Turkey
 - Italian
 - Liverwurst
- Tuna, Chicken, or Egg Salad
 - Virginia Ham & Swiss

Extras: 50 cents

Wraps

Chicken Caesar	8.25
Sloppy Joe with Roast Beef, Turkey, Swiss, Cole Slaw & Russian Dressing	8.25
Honey Turkey Swiss with Lettuce, Tomato & Honey Mustard	8.25
Turkey Club Sloppy Joe Turkey, Bacon, Swiss, Cole Slaw & Russian Dressing	8.25
Tuna or Chicken Salad with Bacon, Cheese, Lettuce & Tomato	8.25
Italian Wrap with Ham, Salami, Pepperoni, Provolone, Lettuce, Tomato & Onions	8.25

Burgers

Fresh Ground 6oz Beef Patties on a toasted Bun
Deluxe served with French Fries

Hamburger Regular 4.75 Deluxe 7.25
Cheeseburger (American or Swiss) Regular 5.00 Deluxe 7.25
Bacon Burger Regular 6.00 Deluxe 8.50
Bacon Cheeseburger Regular 6.25 Deluxe 8.75
California Burger with Lettuce, Tomato, Onion & Mayo Regular 5.25 Deluxe 7.75
Pizza Burger with Tomato Sauce & Mozzarella Cheese Regular 5.00 Deluxe 7.50
Turkey or Garden Burger Regular 4.75 Deluxe 7.25
Turkey or Garden Burger with Cheese Regular 5.25 Deluxe 7.75

Classic Chicken Sandwiches

Served with French Fries
Your Choice: \$8.75

Big Chicken Griller
Grilled Breast of Chicken on a Hard Roll with Lettuce, Tomato, & Mayo

BBQ Chicken Sandwich
Grilled Breast of Chicken with our Tangy BBQ Sauce

Cajun Chicken Sandwich
Grilled with our Special Cajun Seasoning on a Hard Roll with Melted Cheddar Cheese

Chicken Italiano

Grilled Chicken Breast on a Hard Roll with Provolone Cheese and Roasted Red Peppers

Le Poulet Sandwich

Grilled Chicken on Toasted Reye Bread with Dijon Honey Mustard Sauce, Swiss Cheese, Lettuce, & Tomato

Chicken Cordon Bleu

Grilled Chicken Cutlet on Pita Bread with Ham and Swiss Cheese

Buffalo Chicken

Fried Chicken Cutlet on a Hard Roll with Hot Sauce, Lettuce and Bleu Cheese Dressing

Chicken Mexicana

Grilled Chicken on a Hard Roll with Spicy Peppers, Onions & Melted Cheddar Cheese

Fresh Salads

Greek or Chef Salad 9.25

Caesar Salad with Grilled Chicken 9.25

Garden Salad with Grilled Chicken 9.25

With Turkey or Roast Beef

With Chicken or Tuna Salad

Garden Salad with Grilled Chicken 9.25

Chicken or Tuna Salad Platter with Potato Salad & Cole Slaw 9.25

Side Orders

French Fries 3.75

French Fries with Gravy 4.25

French Fries with Cheese & Gravy 4.75

Home Fries 3.50

Onion Rings 4.75

Garden Salad 4.00

Spaghetti 4.50

Meatballs (2) 3.75

Ham, Bacon, Sausage, Taylor Ham or Scrapple 3.25

Corned Beef Hash 4.50

Vegetable of the Day 2.50

Dinner Entrées

Served with Soup or Salad, Potato or Pasta & Vegetable of the Day

Steaks & Roasts

16 oz Sirloin Steak topped with Onion Rings 19.95

16 oz Rib Eye Steak topped with Onion Rings 19.95

Chipped Sirloin Steak 10 oz Steak with Onions & Beef Gravy 13.95

Roast Turkey White Meat Turkey with Stuffing & Gravy 13.95

Smoked Ham Steak 8 oz Steak, Grilled with Pineapple Rings 14.95

Baked Meatloaf Our Homemade Meatloaf with Beef Gravy 12.95

Sauté Dishes

Chicken Francaise Egg Battered with a Lemon Butter Sauce 15.95

Chicken Marsala with Mushrooms, Marsala Wine & Chicken Gravy 15.95

Chicken Piccata Capers, Shallots & Lemon Butter Sauce 15.95

Chicken Stir-Fry Light Teriyaki Sauce with Stir Fry Vegetables over Rice 15.95

Veal Francaise Egg Battered with a Lemon Butter Sauce 17.95

Veal Marsala with Mushrooms, Marsala Wine & Chicken Gravy 17.95

Shrimp Scampi over Linguini or Rice 17.95

Grilled Pork Chops with Applesauce 15.95

Chicken in the Basket (4 Pcs.) served with French Fries 13.95

Seafood

BROILED:

- Broiled Fillet of Flounder** 16.95
- Broiled Deep Sea Scallops** 21.95
- Fisherman's Platter** Shrimp, Scallops & Flounder 21.95

FRIED:

- Fried Deep Sea Scallops** 21.95
- Fried Jumbo Shrimp** 16.95
- Fried Fillet of Flounder** 15.95
- Fried Clam Strips** 13.95
- Fried Seafood Combo** Shrimp, Scallops & Flounder 21.95

Italian Specialties

- Chicken Parmigiana** 14.95
- Veal Parmigiana** 16.95
- Veal & Chicken Parmigiana** 17.95
- Shrimp Parmigiana** 17.95
- Shrimp & Chicken Parmigiana** 17.95
- Eggplant Parmigiana** 13.95
(Above Served with Spaghetti)

- Fettuccini Alfredo** 12.95
- Stuffed Shells Parmigiana** 12.95
- Ravioli Parmigiana** 12.95
- Linguini** with Meat Sauce 12.95
- Penne ala Vodka** in a pink sauce 13.95
- Spaghetti & Meatballs** 12.95

Hot Open Sandwiches

Served with Soup or Salad, Potato & Vegetable

Your Choice: \$11.75

- Turkey
- Roast Beef
- Virginia Ham
- Meatloaf

Breakfast All Day!

Farm Fresh Eggs

Served with Home Fries & Toast

Two Eggs 4.50

Two Eggs with Ham, Bacon, Sausage, Taylor Ham or Scrapple 6.75

Corned Beef Hash & Eggs 7.75

Steak (8oz) & Eggs 10.20

Virginia Ham Steak & Eggs 10.20

3 Egg Omelettes

Served with Home Fries & Toast

American or Swiss Cheese Omelette 6.50

Feta Cheese Omelette 7.20

Ham, Bacon or Sausage Omelette 7.20

Tomato or Onion Omelette 6.75

Western Omelette 6.75

Breakfast Sandwiches

Served on a Hard Roll

- Egg Sandwich** 2.50
- Ham, Bacon, Sausage, Taylor Ham or Scrapple & Egg** 3.50
- Pepper & Egg** 4.25
- Western** 4.25

Griddle Corner

Served with Butter & Syrup

- Golden Brown Hot Cakes** 5.00
- With Two Eggs 7.00
- With Ham, Bacon, Sausage, Scrapple or Taylor Ham 7.00
- With Two Eggs & Any Meat 8.00
- Blueberry Pancakes** 5.75
- Pigs In A Blanket: Tree Sausages Wrapped in Pancakes** 7.00
- Short Stack** 4.50
- With One Egg 5.50
- With Two Eggs 6.50
- With Ham, Bacon, Sausage, Scrapple or Taylor Ham 7.00
- French Toast** 5.00
- With Two Eggs 7.00
- With Ham, Bacon, Sausage, Scrapple or Taylor Ham 7.00
- French Toast Short Stack** 4.50
- With Ham, Bacon, Sausage, Scrapple or Taylor Ham 6.75

Why wait when you can call ahead? Just call it in & pick it up!

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